

## KAYAK TRIP GEAR LIST

## Padding

- ☐ Kayak
- ☐ 2 Paddles (main and spare)
- ☐ Spray Skirt
- ☐ PFD (lifejacket) with whistle per Transport Canada
- ☐ Paddle Float per Transport Canada
- ☐ Pump or Bailer per Transport Canada
- ☐ Throw bag per Transport Canada
- ☐ Small Flares or airhorn (optional)
- ☐ Sponge
- ☐ Paddle Gloves or Pogies
- ☐ VHF / In Reach
- ☐ Chart and Chart case with carabiner
- ☐ GPS / Compass
- ☐ Helmet (optional)
- ☐ water bottle(s) or hydration system
- ☐ Sunscreen and lip protection
- ☐ Sunglasses
- ☐ spare sunglasses - just in case
- ☐ Sun hat
- ☐ Paddling jacket or dry top
- ☐ Dry Suit or Wet Suit for immersion.
- ☐ Water shoes or sandals with heel strap
- ☐ Non-cotton long-sleeve shirt for paddling
- ☐ Quick-dry shorts/pants
- ☐ Watch (optional)
- ☐ Waterproof bag with line for phone
- ☐ Binoculars (optional)



# BC MARINE TRAILS

## Linking and Protecting the BC Coast Together

For more info:

<https://www.bcmarinetrails.org/trip-planning/>

### My Additional Items

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### **Camp Clothes**

- ☐ Towel - optional small, super absorbent
- ☐ Bathing Suit - if you want to swim
- ☐ T-shirt (s) camp - depending on length of trip
- ☐ Long underwear - top & bottom
- ☐ Fleece Jacket - light
- ☐ Light Puffy jacket
- ☐ Waterproof or Windbreaker jacket with good DWR
- ☐ Rain pants (optional)
- ☐ Nylon pants - bugs bite through yoga pants
- ☐ Socks
- ☐ Underwear
- ☐ Warm hat for evening
- ☐ Light hiking shoes / runners for trail walks
- ☐ Flip flops or rubber boots (optional)

### **Camping**

- ☐ Head lamp
- ☐ Sleeping bag (in compression sack)
- ☐ Sleeping mat
- ☐ Blow up pillow (optional)
- ☐ Tent
- ☐ Tarp (optional)
- ☐ Rope or line (optional)
- ☐ Dry bags for all gear you don't want wet
- ☐ Camp Chair, hammock or mat - small (optional)
- ☐ Fishing gear & license (optional)
- ☐ Cards, Books, Games (optional)
- ☐ Big bags for carrying stuff - we usually use IKEA bags
- ☐ Basic repair kit - tent/pad patches, multi-tool, wire, duct tape, knife

### **Personal**

- ☐ Toothpaste & tooth brush
- ☐ Shampoo, soap - if you want to have a salt bath (no showers)
- ☐ Baby wipes
- ☐ Medications
- ☐ Camera
- ☐ Spare batteries for everything, battery block for phones
- ☐ Hand sanitizer
- ☐ First Aid Kit

### **Kitchen**

- ☐ Plate, Utensils, Cup (s)
- ☐ 2 stoves - amongst the group. 1 for backup
- ☐ wind screens
- ☐ Fuel cannisters
- ☐ Cutting boards, knives, flipper
- ☐ Pots - small and large
- ☐ Fry pan
- ☐ wash bucket (optional)
- ☐ Kitchen towel, Scrubber, Soap
- ☐ Kitchen tarp
- ☐ Filled water bags (3L / person / day)
- ☐ Mini cooler (optional)
- ☐ Personal Toilet system, soap, hand sanitizer
- ☐ Extra ziploc bags for trash, small items